ABSTRACT
Hepatic sarcomatoid carcinomas are very rare. The majority of cases contain sarcomatoid features with either hepatocellular carcinoma (HCC) or cholangiocarcinoma (CC) elements alone. These are aggressive tumors and carry an unfavorable prognosis. We describe an extremely rare tumor sub-type of combined sarcomatoid HCC and CC in a hepatitis B virus carrier presenting with abdominal pain. Pre-operative imaging suggested a segment VI hepatocellular cancer with no metastatic spread. En bloc surgical resection with the right adrenal gland, Gerota’s fascia and right hemidiaphragm was performed. The patient suffered early peritoneal tumor recurrence and lymph node metastasis. Pre-operative diagnosis of such sarcomatoid tumors is difficult. Current evidence for adjuvant treatment is also limited. Prognosis of these patients remains extremely poor, and surgery appears to be the only curative option in cases of early disease. It is essential that clinicians carry a high index of suspicion and awareness of this rare pathological entity to improve patient outcome.

Key words: Cholangiocarcinoma; hepatocellular carcinoma; sarcomatoid; spindle cell sarcoma

INTRODUCTION
Hepatic sarcomatoid carcinomas are very rare. The reported incidence is < 10% with most cases only identified at autopsy. Diagnosis after surgical resection has been found in 1.8% of cases.[1] Most patients are reported as individual case reports or small series only. There is a confusing and varied pathological terminology including carcinosarcoma, sarcomatoid carcinoma and spindle cell carcinoma,[1,2] all likely to describe the same pathology. The majority of cases contain sarcomatoid features together with either hepatocellular carcinoma (HCC) or cholangiocarcinoma (CC) elements alone.

Combined sarcomatoid hepatocellular and cholangiocarcinoma: a case report and literature review
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A sarcomatous tumor with both HCC and CC components is extremely rare. These tumors have an aggressive behavior and are associated with poor prognosis. Management options are currently unclear and limited. We report a case of combined sarcomatoid HCC and CC with a literature review of reported cases based on their characteristics and treatment options.

CASE REPORT
A 69-year-old Asian man presented with right-sided abdominal pain. He was a known hepatitis B virus (HBV) carrier but otherwise had no significant past medical history. He had no regular follow-up and was not on anti-viral therapy. Physical examination was unremarkable. Laboratory investigations were consistent with Child’s A liver cirrhosis. Liver function tests were normal apart from a raised alkaline phosphatase level at 168 μmol/L. Alpha-feto protein (AFP) level was raised to 21 ng/mL. Antibody to hepatitis e antigen (HBeAg) was positive whereas HBeAg and anti-hepatitis C virus were negative. HBV DNA level was 178 IU/mL. Computed tomography (CT) identified a
cirrhotic liver with a 5.9 cm × 5.7 cm irregularly shaped mass with heterogeneous contrast enhancement and contrast washout in portovenous phase arising from segment VI with suspected invasion into the postero-lateral chest wall [Figures 1 and 2]. Incidental bilateral renal cysts were also identified. Dual tracer positron emission tomography (PET) CT scan confirmed a segment VI lesion with predominantly 18F-fluorodeoxyglucose uptake (SUVmax 14.2), suggestive of a moderate to poorly differentiated HCC [Figure 3]. There was another discrete hypermetabolic 11C-acetate avid only lesion (SUVmax 9.8) in segment IV/VIII consistent with multifocal HCC. There was no evidence of metastatic spread. Left lobe liver volumetry was measured at 34.5% of estimated standard liver volume.

We proceeded to a laparotomy with a plan for curative resection. A large tumor was seen in the right subphrenic space with invasion into at least 50% of the right hemidiaphragm and segment VI of the liver. Intra-operatively it was difficult to determine whether the tumor was hepatic in origin [Figure 4]. Dense adhesions were also identified around the right adrenal gland and Gerota's fascia. The liver was severely cirrhotic with numerous regeneration nodules. Intra-operative ultrasound could not identify any lesions at segment IV/VIII. A segment VI resection was performed together with en bloc resection of the right adrenal gland, upper Gerota’s fascia and the invaded area of the right hemidiaphragm. The diaphragmatic defect was closed primarily with nylon sutures and reinforced with polytetrafluoroethylene mesh. Diaphragmatic satellite nodule frozen section suggested probable high-grade malignant tumor, but the origin could not be determined. Radiofrequency ablation was applied to the resection margins. Post-operative recovery was uneventful, and the patient was discharged on day 6. On follow-up CT scan 1-month after the operation, peritoneal nodularities up to 1.5 cm were identified. PET/CT scan confirmed metastatic deposits at the diaphragmatic mesh (2.7 cm, SUVmax 14) in addition to nodal deposits in the paracaval (2.8 cm, SUVmax 12.6) and pre-aortic regions (1.8 cm, SUVmax 9.6). The patient declined palliative chemotherapy and is currently receiving symptomatic care.

Pathological examination of the resected specimen revealed a 10 cm × 9 cm × 7 cm firm tan-colored tumor with a pushing margin, invading into diaphragmatic skeletal muscle [Figure 5a and b]. The background liver showed features consistent with cirrhosis. Hepatitis B surface antigen was positive. Majority of the tumor was composed of...
epithelioid to spindle-shaped cells with moderate cellularity. Other parts of the tumor composed of closely packed oval cells with high nuclear-cytoplasmic ratio and occasional acinar formation [Figure 6a]. Some parts of the tumor also composed of pleomorphic polygonal and multinucleated cells. The cells displayed moderate to severe nuclear pleomorphism and large patches of necrosis. Immunohistochemical staining showed diffusely strong membranous staining for pan-cytokeratin (CK) MNF116 (monoclonal antibody for carcinoma), low molecular weight CK CAM5.2 (monoclonal antibody for carcinoma), focal strong membranous staining for CK19 (CK19, monoclonal antibody for CC detection) and weak to moderate positivity for hepatocyte paraffin-1 (HEP-PAR-1, monoclonal antibody for hepatocyte detection for HCC). In areas with acinar formation, dot-like staining of CK7 (CK7, monoclonal antibody for bile duct differentiation) and CK19 was noted in apical parts of the cells toward the lumen. The overall features were consistent with a sarcomatoid carcinoma consisting of both hepatocellular (HEP-PAR-1 positivity) and CC (CK7 and CK19 positivity) differentiation [Figure 6b and c]. Final pathological staging was pT4 (American Joint Committee on Cancer, 7th edition).

DISCUSSION

Liver sarcomatoid carcinoma is a rare pathological entity. This highly malignant tumor usually contains an epithelial (hepatocellular or CC) element together with sarcomatous mesenchymal cells. Less than 100 such sarcomatoid cases have been reported in the literature based on either a hepatocellular or CC element. The case reported here of combined sarcomatoid HCC, and CC is extremely rare and only a few such cases have been reported [Table 1].

Although the published nomenclature is inconsistent, they share common pathological features. As found in the present patient’s tumor, large area of central necrosis is a characteristic feature of hepatic sarcomatoid carcinoma. The rapidly dividing sarcomatoid cells outgrow the neovasculature of the tumor, resulting in necrosis.[1] Microscopically, malignant epithelioid cells of the liver are found together with pleomorphic spindle-cells diagnostic of sarcomatous change. The pathogenesis is unclear but most believe that these tumors are as a result of either a differentiation of totipotential stem cells into mesenchymal cells and epithelial cells or the transformation of HCC or CC cells undergoing metaplasia into sarcomatous cells.[2] A transitional phenomenon has been observed in previous reports. Kakizoe et al.[10] identified positive immunohistochemical staining of AFP and CK in sarcomatous cells suggesting the presence of a cell type transformation. In addition, the sarcomatous component could further differentiate into specialized cell types including rhabdomyoblastic,[11] chondroid[12] and hepatoblastoma-like.[13]

No definite identifiable risk factor for hepatic sarcomatoid carcinoma exists so far. Previous series reported an approximately 50% HBV infection rate in these tumors. There is however, no evidence to suggest HBV infection is associated with an increased risk of their development. It has been suggested that previous cancer treatment including systemic target therapy and trans-arterial chemoembolization (TACE) may increase the risk of developing these tumors.[14] Kojiro et al.[15] reported that previous anti-cancer therapy such as TACE might pre-dispose HCC cells to undergo a metaplastic change into sarcomatoid cells. They observed a higher incidence of sarcomatoid carcinomas in those treated with TACE.

Clinically, these tumors pose a diagnostic challenge pre-operatively as they resemble HCCs in presentation. Their behavior however is much more aggressive than ordinary HCC. The diagnosis of a sarcomatoid element prior to pathological specimen examination has proven difficult. As in the present patient, most would initially be considered...
ordinary HCC with positive hepatitis serology, cirrhosis and raised AFP levels. Liver function parameters may or may not be unstable depending on the size of the tumor and degree of underlying cirrhosis. The liver was grossly cirrhotic [Figure 4] in our patient; however, his child’s score was only Class A. This might be attributed to his relatively large liver volume reserve compensating for cirrhosis. Some authors have reported high fever and abdominal pain as frequent symptoms of sarcomatoid HCC.[13,16] Although these were not present in this patient, the suspicion of liver abscess based on these symptoms may delay and make the diagnosis more difficult. In a patient described by Inoue et al.,[13] abscess drainage followed by biopsy were performed before the diagnosis was made. At 3 weeks after admission, there was already pleural metastasis. Despite a trial of chemotherapy, the patient died of multiorgan failure on day 27. Radiologically, our patient’s tumor was also suggestive of HCC with arterial enhancement.

Prognosis is inevitably poor with such aggressive behavior of these tumors with high risk of metastasis. In the cases reported in the literature, most patients have developed metastatic lesions within 3-6 months of diagnosis and survival rarely exceeded 12 months. This is exemplified in the present patient, where metastatic lymph nodes and peritoneal nodules were already identified 1-month post-surgical resection. In a study reported by Aishima et al.,[18] 7 (17.5%) out of 40 patients had a sarcomatous component in combined HCC and CC. The rest of the patients were divided according to the percentage of CC. Sarcomatous patients were found to have significantly higher chance of vascular invasion, lymph node metastasis as well as high CC percentage group, and were associated with a much shorter survival compared to those without a sarcomatous and lower CC component (P < 0.0048). Such aggressive lesions make the diagnosis and treatment difficult. Patients are either diagnosed only at post-mortem or at an advanced unresectable stage. There is currently no recommended treatment strategy for sarcomatoid carcinomas, and surgical resection appears to be the only curative option, albeit only at the early stage of tumor formation. There is yet no report of successful adjuvant treatment with chemotherapy or radiotherapy described in the literature to prolong survival in patients with this aggressive tumor.

In conclusion, a case of hepatic combined sarcomatoid HCC and CC is reported here. This is an extremely rare tumor with an aggressive behavior. The prognosis is extremely poor, and survival has been limited to within a few months in most cases. Pre-operative diagnosis and distinction from ordinary HCC is difficult. Reports in the literature suggest surgery as the treatment of choice at present. Due to the rarity of the disease, adjuvant chemotherapy or radiotherapy has not shown any promise. Early diagnosis with a high index of suspicion appears to give the best chance of cure.

REFERENCES


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